



SNAKE BANK REGATTA 2019



Snake Bank Challenge (Paddle) 2019 Registration

First Name:

Surname:

Best Contact Number:

Email Address:

Skipper Gender:

Skipper Age:

(under 18 years \$5.00, over 18years \$25.00)

Paddle Coarse: Beginner - 2km approx

 Full - 4km approx

Type of Craft:

(eg. Kayak, Paddle Board etc.)

Number of crew on board:

Agreement:

I have read, understood and agree to abide by the SBR safety instructions and rules.



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Safety Instructions

Objective

The following shall act as safety instructions to Snake Bank Classic and Snake Bank Challenge participants.

Instructions

- All participants are required to sign on and sign off the water.
- Keelers participating in the Classic shall notify the race officer or organising authority of their intention to race on the day. Should a keeler decide to withdraw they shall contact the race officer as soon as practicable on VHF channel 77 to notify their intention to discontinue their participation.
- All participants agree to comply with all requests by SBR safety and support staff in relation to safety.
- All participants agree to wear appropriate safety apparel as required by NRC by-laws and legislation.
- No participant shall impede the safe navigation of any vessel using the navigational channels within Whangarei Harbour.
- Participants requiring assistance shall use a recognized method to alert safety or support staff to their request for help.
- Participants shall remain with their craft at all times.

Additional Information

New Zealand has some of the strongest levels of ultra violet (UV) radiation. Reflection and scattering of UV rays off the water can increase UV exposure by 25%.

We recommend that participants:

- Cover up with UV protective clothing and swimwear where possible
- Wear a hat
- Wear good quality sun glasses
- Use a broad spectrum sun screen